

St James' Catholic Primary School

Zones of Regulation Action Plan 2025-2026

TARGET:	To implement the use of the Zones of Regulation Toolkit in order to develop a culture of self-regulation and support for pupils SEMH needs.	Monitoring Responsibility: Shelley Lee	
SUCCESS CRITERIA: Staff will have up-to-date knowledge on delivering the lessons around the Zones of Regulation Toolkit. Pupils will be able to identify the four Zones and how they feel. Some children will be able to use the strategies when needed to help regulate their emotions. Staff will be able to support pupils regulate when needed.			

RAG = Traffic Light System **Red = Not Achieved**, **Amber = Partly Achieved**, **Green = Achieved**.

ACTIONS	PERSON(S) RESPONSIBLE	DATE	RESOURCES /COSTING	MONITORING PROGRESS	ACHIEVED (RAG:Yes, No, Part)
Create implementation plan	SL	Autumn 1	£59 for resource	Plan shared with headteacher 07/07/25 Saved in SEND shared drive folder – SENDCo 2025-2026 – Zones of Regulation	Yes
Deliver staff training. 1. Initial training. 2. Refresher training.	SL	Autumn 1 Spring 1	NA	Initial training: 03/09/25 Training Materials saved in SEND shared drive folder – SENDCo 2025-2026 – Zones of Regulation	Yes
Staff planning support	SL	Autumn 1	NA	Plans shared with Staff. Resources found and shared with staff.	

				Also saved in SEND shared drive folder SENDCo 2025-2026 – Zones of Regulation	
Lessons to be delivered.	Class teachers	Autumn term	NA		
Displays and areas to be devised.	Class teachers/ SL	Autumn Term	NA		
Website to be updated with information for parents, including letter / email / flyer	SL	Autumn 2	NA		

Evaluation / Action Log

SEND Monitoring Schedule 25-26

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Pupil Voice						

