



Class: Foundation Stage 2	Topic Title: Physical Education	Key Vocabulary / Skills
<p align="center"><u>End of Foundation Stage Early Learning Goals</u></p> <p align="center"><u>Physical Development</u></p> <p><u>Gross Motor Skills</u></p> <ul style="list-style-type: none"> Negotiate space and obstacles safely, with consideration for themselves and others. Demonstrate strength, balance and coordination when playing. <p>Move energetically, such as running, jumping, dancing, hopping, skipping and climbing.</p> <p><u>Fine Motor Skills</u></p> <ul style="list-style-type: none"> Hold a pencil effectively in preparation for fluent writing-using the tripod grip in almost all cases. Use a range of small tools, including scissors, paintbrushes and cutlery. Begin to show accuracy and care when drawing. 	<p><u>Children in Reception will be learning to:</u></p> <ul style="list-style-type: none"> Revise and refine the fundamental movement skills they have already acquired: Rolling, crawling, walking, jumping, running, hopping, skipping, climbing. Progress towards a more fluent style of moving with developing control and grace. Develop the overall body strength, coordination, balance and agility needed to engage successfully and with future physical education sessions and other physical disciplines including dance, gymnastics, sport and swimming. Develop their small motor skills so that they can use a range of tools competently, safely and confidently. Suggested tools: pencils for drawing and writing, paintbrushes, scissors, knives, forks and spoons. Use their core muscle strength to achieve good posture when sitting at a table or sitting on the floor. Combine different movements with ease and fluency Confidently and safely use a range of large and small apparatus indoors and outside alone and in a group. Develop overall body strength, balance, co-ordination and agility. Further develop and refine a range of ball skills including: throwing, catching, kicking, passing, batting and aiming. Develop confidence, competence, precision and accuracy when engaging in activities that involve a ball. Combine different movements with ease and fluency. Confidently and safely use a range of large and small apparatus indoors and outside, alone and in a group. <p><u>Fundamental Movement Skills</u></p> <p><u>Fundamental Movement Skills -A</u> To develop locomotor Skills – These involve transporting your body from A – B. This includes running, jumping, skipping, hopping and side stepping.</p> <p>To develop body Management Skills – This includes balancing actions.</p> <p><u>Fundamental Movement Skills- B</u> To develop manipulative Skills –this involves imparting force with or on an external object. These skills include kicking, striking, rolling, underarm throwing, overarm throwing and catching.</p>	<p>Fundamental Movement Skills</p> <p>Rolling, crawling, walking, jumping, running, hopping, skipping, climbing</p> <p>fluent style of moving with developing control and grace.</p> <p>overall body strength, coordination, balance and agility- Dance and Gymnastic activities</p> <p>combine movements with ease and fluency – Dance and Gymnastics activities</p> <p>large and small apparatus- Fundamental Movement Activities & Gymnastics</p> <p>body strength, balance, co-ordination and agility- Fundamental Movement Skills, Dance, Gymnastics</p> <p>range of ball skills including: throwing, catching, kicking, passing, batting and aiming- Fundamental Skill Activities- Games</p> <p>confidence, competence, precision and accuracy when engaging in activities that involve a ball- Fundamental Movement Skill Activities, Games</p> <p>Combine movements with ease- Dance, Gymnastics</p> <p>Use range of large and small apparatus alone and in a group-Teamwork, Fundamental Movement Skills, Games, Gymnastics</p>
Possible Community Links	Previous Learning Experiences:	
WLSP activities	Foundation Stage 1,	

