



PE Unit Overview 2023-2024

Nursery 1&2 and Reception: Physical Development Early Learning Goal-Developing Gross Motor Skills

Key Stage 1: Dance, Gymnastics, Simple Games and continue to develop Fundamental Movement Skills (FMS) through Athletics, OAA type activities

Key Stage 2: Athletics, Dance, Gymnastics, Games-Invasion, Games-Strike/Field or and Net/Wall, OAA. Swimming will be delivered at Key Stage 2.

WLSP will deliver 1 lesson per week (**RED UNIT**) for Reception-Year 6, school to deliver the second unit. The Planning for each unit of delivery & Assessment & Recording activities are on the Succeedin Platform, along with thematic delivery for Early Years.

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Nursery	Physical Development Gross Motor Skills					
Reception	GYMNASTICS WLSP Fundamental Movement Skills	GYMNASTICS WLSP (Fundamental Skills) Fundamental Movement Skills	DANCE WLSP	Fundamental Movement Skills	GAMES WLSP (Fundamental Movement Skills) Fundamental Movement Skills	
Year 1	GYMNASTICS WLSP (Fundamental Skills) Fundamental Movement Skills (Games Type) BOLT ON - FOREST SCHOOL	GYMNASTICS WLSP Fundamental Movement Skills (Games Type)	DANCE WLSP	(Fundamental Skills) Games	GAMES WLSP (Fundamental Movement Skills) Fundamental Movement Skills (Athletics)	
Year 2	GYMNASTICS WLSP Fundamental Movement Skills (Games Type) BOLT ON-FOREST SCHOOL	GYMNASTICS WLSP (Fundamental Skills) Fundamental Movement Skills (Games Type)	DANCE WLSP (Fundamental Skills) Games	OAA WLSP (Fundamental Skills) Games	GAMES WLSP (Fundamental Movement Skills) Athletics- Fundamental Movement Skills (Games)	
Year 3	GYMNASTICS WLSP Games (FMS consolidation & Invasion)	GYMNASTICS WLSP Games (Invasion)	DANCE WLSP Games	OAA WLSP Athletics	INVASION GAMES WLSP Athletics BOLT ON QUIDDITCH	
Year 4	DANCE WLSP Games (invasion)	OAA WLSP Games - (Invasion)	GAMES WLSP Strike Field/Net Wall Games (invasion/target)		ATHLETICS WLSP Games BOLT ON QUIDDITCH	

Year 5	DANCE WLSP SWIMMING BOLT ON -BOXERCISE	OAA WLSP SWIMMING BOLT ON -BOXERCISE	GAMES WLSP Strike Field/Net Wall Games (invasion/target)		ATHLETICS WLSP Games
Year 6	GYMNASTICS WLSP Games BOLT ON -BOXERCISE	Games - Strike Field/Net Wall DANCE WLSP BOLT ON -BOXERCISE	DANCE WLSP GAMES	OAA WLSP GAMES	INVASION GAMES WLSP Athletics