



Year 1	Topic Title – Relationships - What is the same and different about us?		Key Vocabulary	
<p>NC Links:</p> <ul style="list-style-type: none"> - The importance of respecting others, even when they are very different from them (for example, physically, in character, personality or backgrounds), or make different choices or have different preferences or beliefs. - The importance of self-respect and how this links to their own happiness. 	<ul style="list-style-type: none"> - Pupils should know what they like/dislike and are good at. - Know that God made each of them special in their own way. Recognise what makes them special and how everyone has different strengths and god given talents. - Know how their personal features or qualities are unique to them and celebrate their differences. - To understand that people with different skin colours do not always have different faiths and beliefs but if they do this should be respected by all. - Know how they are similar or different to others, and what they have in common. - Use the correct names for the main parts of the body, including external genitalia: penis, testicles, breasts, anus, vagina, bottom and nipple. - Know that these parts of the body are private and their privacy is important. - Talk about life cycles and understand how that they have changed since they were a baby. - This topic is to be taught alongside the Catholic RSE curriculum 'Journey in Love' - revised addition 2020. Pages 15 – 21 (We meet God's love in our Family) 		Like Dislike Special God given Talents Personal features Qualities Unique Celebrate Respect Kindness Positive Negative	Differences Similarities Body Genitalia Private Penis Testicles Vagina Breast Nipples Happiness Common Beliefs
<p>Resources: PSHE Association – Inclusion, belonging and addressing extremism, (KS1), 'Sameness and difference' - https://www.pshe-association.org.uk/curriculum-and-resources/resources/inclusion-belonging-addressing-extremism---ks1-2 Medway Public Health Directorate - Primary RSE Lessons (KS1), Lesson 3, 'Everybody's body' https://www.pshe-association.org.uk/curriculum-and-resources/resources/medway-public-health-directorate-relationships-and NSPCC – The underwear rule resources (PANTS) https://www.pshe-association.org.uk/curriculum-and-resources/resources/nspcc-underwear-rule-resources</p>				
<p>Previous learning experiences: EYFS - See whole school progression map for PSHE Education and SRE</p>	<p>Future learning experiences: Year 1 – who is special to us? Year 2 - What makes a good friend? Year 2 - What is bullying? Year 3 – How can we be a good friend?</p>	<p>Year 3 – What are families like? Year 4 – How can we treat each other with respect? Year 5 – How can friends communicate safely? Year 6 – What will change as we become more independent? How do friends change as we grow?</p>		
<p>British Values – Mutual respect and Tolerance</p>				
Year 1	Topic Title – Relationships – Who is special to us?		Key Vocabulary	



<p>National Curriculum Objectives:</p> <ul style="list-style-type: none"> - That families are important for children growing up because they can give love, security and stability - That others' families, either in school or in the wider world, sometimes look different from their family, but that they should respect those differences and know that other children's families are also characterised by love and care. - That stable, caring relationships, which may be of different types, are at the heart of happy families, and are important for children's security as they grow up. 	<ul style="list-style-type: none"> - Know that their family is one of the groups that they belong to. They also belong to the loving family of St. James' and God's family. - Recognise that clubs and groups that they belong to may also feel like a family such as Brownies, cubs or sporting clubs. - To celebrate the ways in which God loves and cares for them. - Know that being part of a family feels safe and secure. - Know about the different people in their family / those that love and care for them. - Understand ways in which their families look after them and keep them safe. - Understand what their family members, or people that are special to them do to make them feel loved and cared for. - Know how families are all different but share common features. Be able to talk about some of the special things that make their family unique. - Know about different features of family life, including what families do / enjoy together. - Understand that it is important to tell someone (such as their teacher) if something about their family makes them feel unhappy or worried. - Know the difference between good and bad secrets. - This topic is to be taught alongside the Catholic RSE curriculum 'Journey in Love' - revised addition 2020. Pages 15 – 21 (We meet God's love in our Family). <p>"Please, thank-you and sorry are words that open up the road to a good family." Pope Francis.</p>	<p>Unique God Family Unit Belong Belonging Special Love Care School Club Friends different Common Features Enjoyment Unhappy</p>	<p>Worried Share Discuss Security Stability Unique Friend Respect Secure God Commitment Stable Important Healthy Safe Boundaries Secret</p>
<p>RE Links – Come and See – Family Journey in Love – To recognise signs of love within my family. To know how I am cared for and kept safe within my family.</p>			
<p>Resources: Medway Public Health Directorate - Primary RSE Lessons (KS1), Lesson 1, 'My special people' - https://www.pshe-association.org.uk/curriculum-and-resources/resources/medway-public-health-directorate-relationships-and-metro-charity, KS1, 'Love and respectful relationships' https://www.pshe-association.org.uk/metro-charity</p>			
<p>Previous Learning Experiences:</p> <p>EYFS - See whole school progression map for PSHE Education and SRE</p>	<p>Future learning experiences:</p> <p>Year 2 - What makes a good friend? Year 2 - What is bullying? Year 3 – How can we be a good friend? Year 3 – What are families like?</p>	<p>Year 4 – How can we treat each other with respect? Year 5 – How can friends communicate safely? Year 6 – What will change as we become more independent? How do friends change as we grow?</p>	
<p align="center">British values - Mutual Respect, Tolerance and Individual Liberty</p>			



Year 1	Topic Title – Health and wellbeing – What helps us to stay healthy?	Key Vocabulary	
National Curriculum Objectives: <ul style="list-style-type: none"> - What constitutes a healthy diet - Facts about legal drugs - Know about personal hygiene and germs including bacteria, viruses, how they are spread and treated, and the importance of handwashing. - The facts relating to, immunisation and vaccination. 	<ul style="list-style-type: none"> - To understand that God only gives them one body and that it their responsibility (with the help of other adults) to look after it. - Understand what being healthy means and who helps to help them to stay healthy (e.g. parents, dentists, doctors, nurses etc.) - Know what foods are classed as healthy and that some food should not be eaten as often. - That things people put into or onto their bodies can affect how they feel. Such as medicines. - To know how medicines (including vaccinations and immunisations) can help people stay healthy and that some people need to take medicines every day to stay healthy. - To recognise that they should never take medicines without telling an adult if they feel unwell as this could cause serious harm. - Why hygiene is important and how simple hygiene routines (such as regular handwashing and using tissues and disposing of them) can stop germs and bacteria from being passed on and can prevent the spread of infections such as the flu and corona virus. - What they can do to take care of themselves on a daily basis, e.g. brushing teeth and hair, hand washing - This topic is to be taught alongside the Catholic RSE curriculum 'Journey in Love' - revised addition 2020. Pages 15 – 21 (We meet God's love in our Family). 	Health Healthy Parent Dentist Doctor Nurse Affect Medicines Well Unwell Harm Serious Hygiene Germs	Corona virus Care Brushing teeth Hand washing Hair washing Vaccination Immunisation Personal Care Legal drugs Diet Bacteria Infections flu
Resources: 1 decision (5-8) -Keeping/staying healthy £ https://www.pshe-association.org.uk/curriculum-and-resources/resources/drug-wise-primary-school-resource-islington Islington Healthy Schools Team – DrugWise £ https://www.pshe-association.org.uk/curriculum-and-resources/resources/drug-wise-primary-school-resource-islington PSHE association drug and alcohol resources			
Previous learning experiences: EYFS - See whole school progression map for PSHE Education and SRE	Future learning experiences: Year 1 – who helps us to keep safe? Year 2 - What helps us to stay safe? Year 2 - What helps us grow and stay healthy? Year 2 - How do we recognise our feelings? Year 3 – What keeps us safe? Year 3 - Why should we eat well and look after our teeth? Year 3 - Why should we keep active and sleep well	Year 4 - What strengths, skills and interests do we have? Year 4 - How can we manage our feelings? Year 4 - How will we grow and change? Year 4 - How can we manage risk in different places? Year 5 - What makes up a person's identity? Year 5 - How can we help in an accident or emergency? How can drugs common to everyday life affect health? Year 6 - How can we keep healthy as we grow?	
British Values – Rule of Law - Legal and illegal medicines			



Year 1	Topic Title – Living in the Wider World - What can we do with money?	Key Vocabulary	
<p>National Curriculum links: KS1 maths RE curriculum</p> <p>Links with wider aspects of school life such as charity events.</p>	<ul style="list-style-type: none"> - To understand that money cannot buy things such as love and that the love of God is priceless. However, money is an important part of our daily life. - Know what money is and that money comes in different forms such as cash, coins and that people may use cards to pay with instead of cash in shops and/or online. - Understand how money is obtained (e.g. earned, won, borrowed, presents) - Know how people make choices about what to do with money, including spending and saving. Know that sometimes people have to save for a long time to buy something big like a house or car. - Understand the difference between needs and wants - that people may not always be able to have the things they want and that money should be firstly used on the things they need such as food. - Know how money makes a huge difference to charities. - Know what to do if they find money that does not belong to them. - Know that the energy they use at home costs money and recognise ways they could save energy e.g turning off the lights etc. - Know to keep money safe and the different ways of doing this e.g banks. 	<p>Money Love God Forms Earned Won Saving Differences Needs Wants Charity Energy Save</p>	<p>Borrowed Presents Choices Spending Shops Online Banks Right Wrong</p>
<p>Resources: Money matters - https://www.pshe-association.org.uk/curriculum-and-resources/resources/1decision-primary-pshe-education-programme Teachers Values, Money & Me (valuesmoneyandme.co.uk) - a range of online books and resources teaching children about what can be done with money (use the KS1 texts) www.moneyheroes.org.uk (see PSHE lead for Log in information)</p>			
<p>Previous Learning Experiences:</p> <p>EYFS – Role play involving money</p> <p>EYFS - See whole school progression map for PSHE Education and SRE</p>	<p>Future learning experiences:</p> <p>Year 2 – What makes a community</p> <p>Year 3 – What jobs do people do?</p> <p>Year 4 - How can our choices make a difference to others and the environment?</p> <p>Year 5 – What decisions can people make with money?</p> <p>Year 6 - How can the media influence people?</p>		
<p>British Values – Individual Liberty – choosing how to spend your own money</p>			



Year 1	Topic Title – Health and Well Being – Who helps to keep us safe?	Key Vocabulary	
National Curriculum links: <ul style="list-style-type: none"> - Where and how to seek support including whom in school they should speak to if they are worried - Where and how to report concerns and get support with issues online. - How to make a clear and efficient call to emergency services if necessary. 	<ul style="list-style-type: none"> - That people have different roles in the community in order to help them (and others) keep safe including: parents, teachers, school staff, police, fire fighters, nurses, doctors, security guards etc. - Know who can help them in different places and situations; for example if they were lost or hurt. Understand how to attract someone’s attention or ask for help; what to say. - Know how to respond safely to adults they don’t know. - Know the importance of telling an adult if someone tries to talk to them that they do not know (this includes online). - Know what to do if they feel unsafe or worried for themselves or others; and the importance of keeping on asking for support until they are heard - Know ways in which they can keep themselves safe in school. - Know ways in which they can keep themselves safe at home. - Know how to get help if there is an accident and someone is hurt, including how to dial 999 in an emergency and what to say 	Community Safe Parents Techers School staff Fire fighters Police Nurses Doctors Security guards Adults Attention Help	Ask Safely Attract Unsafe Worried Support Emergency Accident 999 Home School Safety
Resources: Keeping safe 1 decision - https://www.pshe-association.org.uk/curriculum-and-resources/resources/1decision-primary-pshe-education-programme ‘Keeping safe at home’ KS1 home learning lesson www.pshe-association.org.uk			
Previous learning experiences: <u>EYFS</u> EYFS - See whole school progression map for PSHE Education and SRE Year 1 – What helps us to stay healthy?	Future learning experiences: Year 2 - What helps us to stay safe? Year 2 - What helps us grow and stay healthy? Year 2 - How do we recognise our feelings? Year 3 – What keeps us safe? Year 3 - Why should we eat well and look after our teeth? Year 3 - Why should we keep active and sleep well?	Year 4 - What strengths, skills and interests do we have? Year 4 - How can we manage our feelings? Year 4 - How can we help in an accident or emergency? Year 4 - How can we manage risk in different places? Year 5 - How will we grow and change? Year 5 - What makes up a person’s identity? Year 5 - How can drugs common to everyday life affect health? Year 6 - How can we keep healthy as we grow?	
British Values – Rule of the Law – how the people who work for the law such as the police can keep us safe and happy			



Year 1	Topic Title – Living in the Wider World - How can we look after each other and the wider world?	Key Vocabulary	
<p>National Curriculum Objectives:</p> <ul style="list-style-type: none"> - That healthy friendships are positive and welcoming towards others, and do not make others feel lonely or excluded. - That most friendships have ups and downs, - How to judge when a friendship is making them feel unhappy or uncomfortable - The importance of respecting others, even when they are very different from them - The conventions of courtesy and manners. 	<ul style="list-style-type: none"> - Know that kind and unkind behaviour can affect others – understand that we should act as Jesus would and treat others as they would wish to be treated. - Know that we are all equal regardless of the colour of our skin, where we come from, what we believe or our abilities/disabilities. - Know about the Black Lives Matter movement and how the main aim of this is for us all to live together respectfully and in harmony. Understand that we should not have opportunities taken away from us due to the colour of our skin. - Know what it means to be polite and courteous – recognise that good manners cost nothing and should always be used. - Know how to play and work co-operatively; take turns and listen to others. - Understand the responsibilities they have in and out of the classroom. - Know how people and animals need to be looked after and cared for. - Know what can harm the local and global environment; how they and others can help care for it, e.g. by not dropping litter, waking to school etc. - Understand how people grow and change and how people’s needs change as they grow from young to old – link to work with local care home. - Learn how to manage change when moving to a new class/year group – think about how they could help the Reception children understand what Year 1 is like. 	<p>Jesus Kind Unkind Feelings Polite Manners Co-operate Take turns Listen Responsibilities Looked after Cared for</p>	<p>Environment Grow change old Needs Friendship Respect Local Global</p>
<p>Resources: Growing up – the human life style https://www.pshe-association.org.uk/curriculum-and-resources/resources/medway-public-health-directorate-relationships-and https://www.pshe-association.org.uk/curriculum-and-resources/resources/1decision-primary-pshe-education-programme Alzheimer’s association https://www.pshe-association.org.uk/curriculum-and-resources/resources/creating-dementia-friendly-generation-alzheimer’s</p>			
<p>Previous Learning Experiences: EYFS - See whole school progression map for PSHE Education and SRE Year 1 – What can we do with money?</p>		<p>Future learning experiences: Year 2 – What makes a community Year 3 – What jobs do people do? Year 4 - How can our choices make a difference to others and the environment? Year 5 – What decisions can people make with money? Year 6 - How can the media influence people?</p>	
<p align="center">British Values – Mutual Respect and Tolerance – respecting each other regardless of differences</p>			