



PSHE Education and RSE – Long Term Overview

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 1	<p>What is the same and different about us?</p> <p><i>Journey in Love – We meet God's love in our family</i></p>	<p>Who is special to us?</p> <p><i>Journey in Love – We meet God's love in our family</i></p>	<p>What helps us stay healthy?</p>	<p>What can we do with money?</p>	<p>Who helps to keep us safe?</p>	<p>How can we look after each other and the world?</p>
Year 2	<p>What makes a good friend?</p>	<p>What is bullying?</p>	<p>What makes a community?</p> <p><i>Journey in Love – We meet God's love in our community</i></p>	<p>What helps us to stay safe?</p> <p><i>Journey in Love – We meet God's love in our community</i></p>	<p>What helps us grow and stay healthy?</p>	<p>How do we recognise our feelings?</p>
Year 3	<p>How can we be a good friend?</p> <p><i>Journey in love – How we live in love</i></p>	<p>What keeps us safe?</p> <p><i>Journey in love – How we live in love</i></p>	<p>What are families like?</p>	<p>What jobs do people do?</p>	<p>Why should we eat well and look after our teeth?</p>	<p>Why should we keep active and sleep well?</p>
Year 4	<p>What strengths, skills and interests do we have?</p> <p><i>Journey in love – God Loves us in our differences</i></p>	<p>How do we treat each other with respect?</p> <p><i>Journey in love – God Loves us in our differences</i></p>	<p>How can we manage our feelings?</p>	<p>How can we help in an accident or emergency?</p>	<p>How can our choices make a difference to others and the environment?</p>	<p>How can we manage risk in different places?</p>
Year 5	<p>What makes up a person's identity?</p>	<p>What decisions can people make with money?</p>	<p>How will we grow and change?</p> <p><i>God loves us in our changing and developing</i></p>	<p>How can friends communicate safely?</p>	<p>How can drugs common to everyday life affect health?</p>	<p>What jobs would we like?</p>
Year 6	<p>How can we keep healthy as we grow?</p> <p><i>Journey in love – The wonder of God's love in creating new life</i></p>		<p>How can the media influence people?</p>		<p>What will change as we become more independent?</p> <p>How do friendships change as we grow?</p>	

